



## Grab & Go Kits: Chlamydia, Gonorrhoea & Condom Pack Offer: EHC

### Background & Overview

Free Dual Screening (Chlamydia and Gonorrhoea) kits can be supplied by the provider to service users aged under 25 (attracting a £1.74 supplement paid by the Council for each kit supplied and claimed using Pharmoutcomes template). Free condom packs are also supplied as part of this offer to further support service delivery.

Requests to restock dual screening & condom kits can be made to Dan Dobson at the Integrated Sexual Health Service by emailing: [dan.dobson2@nhs.net](mailto:dan.dobson2@nhs.net)

Chlamydia & Gonorrhoea are the most common sexually transmitted infections (STIs) in England, especially amongst people under 25 years old. But most people with infections will not have any noticeable signs or symptoms of the infection. Chlamydia & Gonorrhoea are both easy to treat and cure. Anyone who's sexually active can get the infections and pass it on. Young people do not need to have lots of sexual partners.

Gateshead Sexual Health are offering free, confidential dual testing (Chlamydia & Gonorrhoea) and free condom kits as part of the National Chlamydia Screening Programme (NCSP). Testing kits and condom packs are being routinely offered to under 25 year olds in England. Chlamydia in females can cause inflammation and pain in the pelvis, an ectopic pregnancy (a pregnancy in the fallopian tubes) and infertility, this risk is increased if a person contracts the infection again and again. For males an untreated infection can cause swelling the epididymis (the tubes that carry sperm from the testicles) and the testicles. This could affect a person's fertility.

The UK Health Security Agency (UKHSA) have introduced new guidance regarding target audience for dual screening offer to young people under the age of 25. Aims of the National Chlamydia Screening Programme (NCSP) is to focus on reducing the harms from untreated chlamydia infection in women and other people with a womb or ovaries including transgender men, and non-binary people assigned female at birth, and intersex people with a womb or ovaries.

The harmful effects of Chlamydia occur predominantly in women and other people with a womb or ovaries. Opportunistic screening should focus on sexually active females attending for emergency contraception with the proactive offer of a dual screening and condom pack alongside EHC consultations. Dual screening/condom offer and pathway process can be found here: <https://bit.ly/3Jx0qKe>

Gateshead Sexual Health are encouraging all community partners to routinely offer, where appropriate opportunistic dual screening and free condom kits for service users attending pharmacy for emergency contraception. Kits will be supplied free of charge to all requesting services and delivered within 10 working days.

UK Health Security Agency (UKHSA) collects data on all chlamydia tests undertaken in England from NHS laboratories, local authorities and NHS commissioned laboratories, to measure screening activity. Personal details are not shared or collected.

For more information about our services please visit:

[www.gatesheadsexualhealth.co.uk](http://www.gatesheadsexualhealth.co.uk)

Services Provided by:

**NHS**  
South Tyneside and Sunderland  
NHS Foundation Trust



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### What is the Chlamydia & Gonorrhoea test?

The test is free & confidential and involves the patient providing a urine sample in a container provided, completing a short form and posting the test in the free post envelope included back to the laboratory (full instructions for patients are included in the kits). Patients complete the test themselves by taking kits of site following EHC consultation or requesting in store, without the need for an examination.

Please see the following link for example of patient instruction. Full instructions and local sexual health information are also included in the packs for service users to follow and support completion of test kit <https://bit.ly/3LtnhZx>

Chlamydia & Gonorrhoea can be easily treated with antibiotics. The antibiotic treatment is **FREE** on the NHS and available from Gateshead Sexual Health. If a patient has the infection following completion/posting of the test kit, Gateshead Sexual Health will inform the patient by text or letter, arrange an appointment, provide antibiotic treatment and will manage the patients sexual health care. All patients who complete and post the test will be informed of results within 8 days of posting the kit. There is nothing clinical or administrative for community partners (pharmacy) to complete other than issuing the kits for service users to complete themselves at home. Testing kits will be delivered pre made and ready to issue. Pharmacy can then issue to eligible service users alongside EHC and act as a collection points for testing in community settings. Gateshead Sexual Health will manage all results, treatments and patient sexual health care from kits issued in community settings. Condom kits will also be delivered pre made ready to issue and include local sexual health service provision and condom demonstration information including what to do in the event of a contraceptive failure.

### Referral Information and Signposting

For service users attending EHC that require further sexual health care including LARC Referral: Please refer direct to Gateshead Sexual Health by emailing the secure referral inbox below:

[stst.sexualhealthreferrals@nhs.net](mailto:stst.sexualhealthreferrals@nhs.net)

**All referrals will be directed to an appropriate sexual health clinician to make contact with patient.**

Or contact by telephone **0191 283 1577** or visit [www.gatesheadsexualhealth.co.uk](http://www.gatesheadsexualhealth.co.uk)


A full range of local sexual health care provided by Gateshead Sexual Health care can be found by visiting the following link to support signposting and referral <https://bit.ly/3ZRGOr8>

Printed promotional materials to advertise will also be made available to all services.

For more information about our services please visit:

[www.gatesheadsexualhealth.co.uk](http://www.gatesheadsexualhealth.co.uk)

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