

Appendix 1 – GP2P Conditions and Formulary

V3 updated 9th November 2018

***New PGD's & Pharmacist consultation**

Minor Ailments	Formulary
Aches and pains: <ul style="list-style-type: none"> • Back Pain • Headache • Migraine • Muscular ache • Period pain • Teething • Toothache 	Ibuprofen 100mg/5ml suspension 100ml
	Ibuprofen 200mg tablets 24
	Ibuprofen 400mg tablets 24
	Ibuprofen 5% & 10% gel 50g
	Paracetamol 120mg/5ml Oral Suspension 200ml / 100ml pack
	Paracetamol 250mg/5ml Oral Suspension 200ml / 100ml pack
	Paracetamol 500mg tablets 32
	Paracetamol 500mg soluble tablets 24 (migraine only)
Allergy: <ul style="list-style-type: none"> • Bites and stings • Hay fever • Skin infection • Skin reaction 	Antazoline / xylometazolin eye drops 10ml
	Beclometasone nasal spray 50micrograms/ actuation 200 dose
	Cetirizine 5mg/5ml solution 200ml
	Cetirizine 10mg tablets 30
	Chlorphenamine 2mg/5ml solution 150ml
	Chlorphenamine 4mg tablets 28
	Crotamiton 10% cream
	Hydrocortisone 1% ointment / cream 15g
	Loratadine 5mg/5ml syrup 100ml
	Loratadine 10mg tablets 30
	Sodium cromoglycate eye drops 10ml
Colds and Flu; <ul style="list-style-type: none"> • Cough • Congestion • Sore Throat • Fever / temperature (including Post-immunisation pyrexia) 	Ibuprofen 100mg/5ml suspension 100ml
	Ibuprofen 200mg tablets 24
	Ibuprofen 400mg tablets 24
	Menthol crystals 5g
	Menthol and Eucalyptus inhalation 100ml

Minor Ailments	Formulary
	Paracetamol 120mg/5ml Oral Suspension 200ml / 100ml pack
	Paracetamol 250mg/5ml Oral Suspension 200ml / 100ml pack
	Paracetamol 500mg tablets 32
	Simple Linctus s/f 200ml
	Simple Linctus Paediatric S/F 200ml
	Sodium Chloride nasal drops 10ml
	Xylometazoline 0.1% nasal drops 10ml
	Xylometazoline 0.1% nasal spray 10ml
Ear care <ul style="list-style-type: none"> • Earache • Ear infection • Ear wax 	Acetic acid 2% spray
	Ibuprofen 24 Tablets
	Ibuprofen Suspension S/F 100ml
	Olive Oil 10ml
	Paracetamol 32 tablets
	Paracetamol SF Suspension 200ml
	Paracetamol SF Suspension 200ml
	Sodium bicarbonate ear drops 10ml
Eye care: <ul style="list-style-type: none"> • Bacterial Conjunctivitis • Styes 	Chloramphenicol 0.5% eye drops 10ml
	Chloramphenicol 1% eye ointment 4g
	Gel tears 10g
	Hypromellose 0.3% eye drops 10ml
Gastrointestinal care: <ul style="list-style-type: none"> • Constipation • Diarrhoea • Dyspepsia • Haemorrhoids • Indigestion • Reflux • Threadworm • Vomiting 	Anusol Cream 23g
	Anusol Suppositories 12
	Anusol Plus HC ointment 15g
	Bisacodyl 5mg 20
	Co-magaldrox 195/220 suspension 500ml
	Docusate capsules 30
	Electrolade sachets 6
	Glycerol 4g suppositories 12
	Ispaghula sachets 10

Minor Ailments	Formulary
	Laxido sachets 30
	Loperamide 2mg capsules 12
	Mebendazole 100mg tablets single
	Mebendazole 100mg tablets 4 or 8 pack
	Paracetamol 500mg tablets 32
	Peptac suspension 500ml
	Piperazine and Senna sachets 2
	Ranitidine 75mg tablets
Head Lice	Dimeticone 4% lotion 50ml or 150ml pack
	Detection comb
Mouth Care: <ul style="list-style-type: none"> • Cold Sores • Oral Thrush • Ulcers 	Aciclovir 5% cream 2g
	Anbesol liquid 6.5ml
	Benzydamine Oral Rinse 300ml
	Choline salicylate 8.7% dental gel 15g
	Hydrocortisone 2.5mg muco-adhesive buccal tabs SF20
	Miconazole oral gel 15g
	Orabase 30g
Skin care <ul style="list-style-type: none"> • Athletes foot • Chickenpox • Cold sores • Contact Dermatitis / Atopic eczema • Fungal skin infections • Impetigo* • Nappy Rash • Pruritis • Scabies • Shingles • Warts and verrucae <p>*PGD – Fucidin cream 2% 15g</p>	Calamine in aqueous cream 100g
	Chlorphenamine 2mg/5ml solution 150ml
	Chlorphenamine 4mg tablets 28
	Clobetasone cream 15g
	Clotrimazole 1% cream 20g
	Crotamiton 10% cream 30g
	Diprobace cream 50g
	Diprobace cream 500g
	Emulsifying ointment 500g
	Hydromol ointment 125g
	Hydromol ointment 500g
	Hydrocortisone 1% cream 15g
	Hydrocortisone 1% ointment 15g

Minor Ailments	Formulary
	Miconazole HC cream Permethrin Cream 2x30g Salicylic acid 16.7% solution 10ml (salactol) Sudocrem 60g ZeroAQS cream 50g Zinc undecenoate 20%, undecenoic acid 5% cream 25g
Vaginal Thrush	Clotrimazole 1% cream 20g Clotrimazole 500mg pessary Fluconazole 150mg capsule
Sundries	Oral syringe 5ml Dropper / dropper bottle Urine dip sticks (eg, Combur7 Test)
First aid / Basic Dressing of wound	Using ST approved dressing formulary. Clean and dress minor wound and supply 3 clean dressings, eg, Mepore (3 dressings) Steristrip Antiseptic wipe / spray
Infections (using PGD's) <ul style="list-style-type: none"> • Uncomplicated Urinary Tract infection • Impetigo 	Nitrofurantion MR 100mg (6) Fusidic acid 2% cream (30g)
BP monitoring – any referred patients from Practice	New patients Pill checks Annual reviews of hypertensive pt
OC Pill checks	BP, weight, BMI, lifestyle and compliance/contraceptive advice

Minor Ailments	Formulary
Medication alignment / compliance review	In addition to the Medication review the pharmacist will align all medications and request a synchronization from the practice to assist patients with poly-pharmacy