



Suicide Prevention Training Workshop...
 Equipping our community with the knowledge and skills to reduce the pain for those of us experiencing suicidal thoughts...

There are many myths about suicide, get the factsattend the training.

A LIFE Worth Living half day training sessions are free for frontline workers, volunteers, and employers in South Tyneside who wish to increase their knowledge, skills and confidence with regard to suicide prevention, to offer support and information with the aim of saving lives.

Due to the nature of this training it is not recommended for those who have recently been bereaved.

Places are limited for this training so please book your place early.....

Training Dates

Date	Time	Venue
14th October 2014 Closing date for bookings is 29 th Sept 2014	12.15pm – 4.30pm	Hedworthfield CA Cornhill Fellgate Estate Jarrow NE32 4QD
12th November 2014 Closing date for bookings is 27 th October	12.15pm – 4.30pm	Primrose Children’s Centre Lambton Terrace Jarrow NE32 5QY

Please arrive at 12.15 for a 12.30 start.

For more information or to book a place contact Washington Mind

Telephone: 0191 4178043

Email: training@washingtonmind.org.uk