



First Contact Clinical

# Pharmacy Update for NHS Health Checks & Alcohol Identification and Brief Advice Training

**This course is free to all pharmacists and pharmacy staff working for a South Tyneside, Gateshead or Sunderland based organisation.**

It provides you with an update to the **NHS Health Checks** and **Alcohol Identification and Brief Advice** training programs.

During the session we will:

- ✓ Understand the **New** NHS Health Check (post April 2013), including dementia signposting and alcohol screening.
- ✓ Consider a Self- Management approach to NHS Health Checks.
- ✓ Understand why people drink, how much and the impact on the NHS.
- ✓ Review the key elements of Identification and Brief Advice.
- ✓ Consolidate existing knowledge and review latest guidance and emerging evidence.

Wednesday 8<sup>th</sup> January 2014 – 6pm-9pm  
Quality Hotel, Boldon

**Organise your own training session:** If you would like to arrange a training session outside of the above date at your pharmacy on a date and time that's suitable for your team, please contact Jen Green on 0191 427 4685. Please also contact us if you would like to attend a new advisor training session.



**Free NHS Health Check**

Helping you prevent heart disease, stroke, diabetes and kidney disease.

