

Dear Patient

You may notice some differences between the enclosed EpiPen® (adrenaline) auto-injector and your usual adrenaline auto-injector.

If you're replacing a Jext:

Different adrenaline auto-injectors are used in different ways, so make sure you know how to use this EpiPen® (adrenaline) auto-injector. Your healthcare professional is aware of the need for this temporary change and will provide appropriate support/training to ensure that you are familiar with the "swing and jab" injection method used with EpiPen® (adrenaline) auto-injector.

The pictures opposite provide a quick reference on how to use the EpiPen® (adrenaline) auto-injector.

You need to read this information through carefully and take special note of the "swing and jab" action used for EpiPen® (adrenaline) auto-injector injection. Refer to the pictures.

If you are uncertain of any of these instructions ALWAYS ASK YOUR DOCTOR OR PHARMACIST.

It is strongly recommended that you share this information with your immediate family to ensure that they too are aware of this change and are familiar with the "how to use" steps 1-4.

Keep this letter with you together with the EpiPen® (adrenaline) auto-injector to remind you of what to do.

For more information and advice about how to use your EpiPen® (adrenaline) auto-injector, visit www.epipen.co.uk/patient/.

Please note that the label on your EpiPen® (adrenaline) auto-injector is from the US. The drug name for adrenaline is epinephrine in the US. You should read the enclosed Patient Information Leaflet which contains advice for patients in the UK.

If you have any concerns, talk to your doctor or pharmacist.

If you are renewing your EpiPen® (adrenaline) auto-injector:

You can be reassured that this device is **exactly the same** as your UK EpiPen® (adrenaline) auto-injector in every way except the label. Please note that the label on your EpiPen® (adrenaline) auto-injector is from the US. The drug name for adrenaline is epinephrine in the US.

Read the enclosed Patient Information Leaflet which is designed for UK patients.

It is a good idea to remind yourself of the correct administration technique for your EpiPen® (adrenaline) auto-injector. For more information, support and allergy advice, visit www.epipen.co.uk/patient/.

If you have any concerns, talk to your doctor or pharmacist.

HOW TO USE EPIPEN® (ADRENALINE) AUTO-INJECTOR

Step 1

Lie down with your legs slightly elevated or sit up if breathing is difficult

Step 2



Grasp your EpiPen® (adrenaline) auto-injector in your dominant hand with the blue safety cap closest to your thumb and remove cap

Step 3



Hold your EpiPen® (adrenaline) auto-injector about 10 cm away from your leg and **swing and jab** the orange tip into the upper outer thigh at a 90° angle

Hold in place for 10 seconds

Remove the EpiPen® (adrenaline) auto-injector and massage injection site for at least 10 seconds

Step 4



You must dial 999, ask for an ambulance and state 'anaphylaxis' (pronounced 'anna-fill-axis') immediately after administering the EpiPen® (adrenaline) auto-injector

Do not get up, stay lying down or seated until you have been assessed by a paramedic

IMPORTANT INFORMATION

PLEASE READ

WWW.EIPEN.CO.UK

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EIPEN® EIPEN^{Jr}
(Adrenaline) Auto-Injectors 0.3/0.15mg